

## **Suzanne Estrada, M.S., M.Phil.**

Department of Psychology, Yale University  
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### **EDUCATION**

**Yale University, New Haven, CT (2017-present)**

Doctoral Candidate, Clinical Psychology

Master of Philosophy, Clinical Psychology (2017-2020)

Master of Science, Clinical Psychology (2017-2019)

**Yale University, New Haven, CT (2012-2016)**

Bachelor of Science, Bachelor of Arts, May 2016

Majors: Psychology with distinction, Spanish with distinction

Overall GPA: 3.86

Majors GPA: 4.00

Honor's Thesis: *The impact of individual differences and community factors on altruistic behavior.*

**IES Madrid, Madrid, Spain (January 2014-May 2014)**

GPA: 3.87

### **AWARDS AND HONORS**

**2021: Rolf Loeber Student Innovation Award, Division of Biopsychosocial Criminology of the American Society for Criminology**

- Funds (\$250) awarded for an exceptional paper in the field of biopsychosocial criminology

**2021: General SSCP Student Poster Award Winner, APS Virtual Convention**

- Funds (\$200) awarded for outstanding poster submission

**2021: Mary Miller Fellowship Fund Award, Yale University**

- Funds (\$1000) awarded for Graduate School support

**2020: Mary Miller Fellowship Fund Award, Yale University**

- Funds (\$1000) awarded for Graduate School support

**2019: Sheldon Clark Fellowship Fund Award, Yale University**

- Funds (\$1000) awarded for Graduate School support

**2019: Conference Travel Fund Award, Yale University**

- Funds (\$500) awarded to attend the 8<sup>th</sup> Meeting of the Society for the Scientific Study of Psychopathy

**2018: Psychology Department Pre-Dissertation Research Funds Award, Yale University**

- Funds (\$300) awarded to conduct research

**2017: Dean's Emerging Scholars Fellowship, Yale University**

- Funds (\$2000) awarded for scholars who are historically underrepresented students and who plan to pursue research related to diversity or who have volunteered in diversity-related programs

**2016: Emerging Scholars Initiative Post-Baccalaureate Research Program, Yale University**

- Funds (\$27,200) and housing awarded for a one-year research fellowship in the social sciences

**2016: Angier Prize, Yale University**

- \$250 prize for a senior showing exceptional performance in carrying out a research project in psychology

**2016: Bildner Prize in honor of Professor José J. Arrom, Yale University**

- \$500 prize for an outstanding essay written in Spanish on any subject in Spanish American literature

**2016: Cum laude, Yale University**

**2015: Psi Chi Undergraduate Research Grant, Yale University**

- Funds (\$1500) awarded for outstanding senior research proposal

**2015: Davenport College Mellon Senior Research Grant, Yale University**

- Funds (\$500) awarded in order to defray senior research costs

**2015: Yale Alumni Community Service Fellowship, Yale University**

- Funds (\$3000) awarded for summer experience at a behavioral health clinic

**2015: Daniel Merriman – Ted Bensinger Fellowship, Yale University**

- Funds (\$1000) awarded for summer research on the development of a risk-taking questionnaire

**2015: Psi Chi, the International Honor Society in Psychology, Yale University**

**PUBLICATIONS**

1. Baskin-Sommers, A.\*, Simmons, C.\*, Conley, M., Chang, S.A., Estrada, S., Collins, M., ... Casey, B.J. (2021). Adolescent civic engagement: Lessons from Black Lives Matter. *Proceedings of the National Academy of Sciences*, 118, e2109860118.

2. Baskin-Sommers, A., Chang, S.A., **Estrada, S.** & Chan, L. (in press). Towards targeted interventions: Examining the science behind interventions for youth who offend. *Annual Review of Criminology*, 5.
3. **Estrada, S.**, Gee, D.G., Bozic, I., Cinguina, M., Joormann, J., & Baskin-Sommers, A. (2021). Individual and environmental correlates of childhood maltreatment and exposure to community violence: Utilizing a latent profile and a multilevel meta-analytic approach. *Psychological Medicine*. Epub ahead of print.
4. Sadeh, N., Miglin, R., Bounoua, N., Beckford, E., **Estrada, S.**, Baskin-Sommers, A. (2021). Profiles of lifetime substance use are differentiated by substance of choice, affective motivations for use, and childhood maltreatment. *Addictive Behaviors*, 113. Epub ahead of print.
5. **Estrada, S.**, Cinguina, M., & Baskin-Sommers, A. (2020). The role of exposure to violence and psychopathy on violent crime perpetration. *Journal of Psychopathology and Behavioral Assessment*. Epub ahead of print.
6. **Estrada, S.**, Richards, C., Gee, D.G., & Baskin-Sommers, A. (2020). Exposure to violence and nonassociative learning capability confer risk for violent behavior. *Journal of Abnormal Psychology*. Epub ahead of print.
7. Littman, R., **Estrada, S.**, Stagnaro, M.N., Dunham, Y., Rand, D. & Baskin-Sommers, A. (2019). Community violence and prosociality: Experiencing and committing violence is positively associated with norm-enforcing punishment but not cooperation. *Social Psychological and Personality Science*. Epub ahead of print.
8. Siegel, J., **Estrada, S.**, Crockett, M., & Baskin-Sommers, A. (2019). Exposure to community violence affects the development of subjective moral impressions and trust behavior. *Nature Communications*, 10, 1942.
9. **Estrada, S.**, Tillem, S., Stuppy-Sullivan, A. M., & Baskin-Sommers, A. (2018). Specifying the connection between reward processing and antisocial behavior across development: Review, integration and future directions. In J. Gruber (Ed.), *Oxford Handbook of Positive Emotion and Psychopathology*. (pp. 312-332). Oxford University Press: New York, NY.

#### ***Submitted Manuscripts and Manuscripts in Preparation***

1. **Estrada, S.\***, Simmons, C.\*, & Baskin-Sommers, A. (in preparation). Trajectories of psychopathy and exposure to community violence predict engagement in antisocial behavior.

#### **INVITED AND CONFERENCE TALKS**

1. **Estrada, S.** & Baskin-Sommers, A. (March 2021). Trajectories of parental harshness and exposure to community violence across adolescence differentially predict engagement in antisocial behavior. Talk given at the Yale University Department of Psychology, New Haven, CT.
2. **Estrada, S.** & Baskin-Sommers, A. (November 2019). The impact of exposure to community violence and maltreatment co-occurrence on mental health outcomes: Results from a multi-level meta-analysis. Talk given at the Yale University Department of Psychology, New Haven, CT.

3. **Estrada, S.** & Baskin-Sommers, A. (May 2019). Psychopathy mediates the relationship between exposure to violence and violent behavior. Blitz talk given at the 8<sup>th</sup> Meeting of the Society for the Scientific Study of Psychopathy, Las Vegas, NV.
4. **Estrada, S.** & Baskin-Sommers, A. (April 2019). Differential correlates and outcomes associated with childhood maltreatment and exposure to community violence. Blitz talk given at Yale University Department of Psychology, New Haven, CT.
5. **Estrada, S.** & Baskin-Sommers, A. (April 2019). Differential correlates and outcomes associated with childhood maltreatment and exposure to community violence. Talk given at the Mechanisms of Disinhibition Lab Meeting, New Haven, CT.
6. **Estrada, S.,** Gee, D., & Baskin-Sommers, A. (October 2018) The role of basic learning in individuals exposed to community violence. Talk given at the Mechanisms of Disinhibition Lab and Clinical Affective Neuroscience and Development Joint Lab Meeting, New Haven, CT.
7. **Estrada, S.,** Gee, D., & Baskin-Sommers, A. (May 2018) The impact of exposure to violence on basic learning mechanisms. Talk given at First Year Symposium of the Yale Department of Psychology, New Haven, CT.
8. **Estrada, S.,** Gee, D., & Baskin-Sommers, A. (May 2018) The impact of exposure to violence on basic learning mechanisms. Talk given at the Mechanisms of Disinhibition Lab Meeting, New Haven, CT.
9. **Estrada, S.,** Stagnaro, M.N., Dunham, Y. Rand, D. & Baskin-Sommers, A. (May 2017). Not so antisocial: Personality and environmental factors that promote prosocial punishment. Blitz talk presented at the 7<sup>th</sup> Meeting of the Society for the Scientific Study of Psychopathy, Antwerp, Belgium.

## **POSTERS**

1. **Estrada, S.** & Baskin-Sommers, A. (November 2021). Trajectories of parental harshness and exposure to community violence across adolescence differentially predict engagement in antisocial behavior. Poster presented at the International Society for Traumatic Stress Studies 37<sup>th</sup> Annual Meeting (Virtual Meeting).
2. **Estrada, S.,** Bozic, I., Simmons, C., & Baskin-Sommers, A. (October 2021). Trajectories of psychopathy and exposure to community violence predict engagement in antisocial behavior. Poster presented at the 17<sup>th</sup> World Congress of the International Society for the Study for Personality Disorders, Oslo, Norway (Virtual Meeting).
3. **Estrada, S.** & Baskin-Sommers, A. (May 2021). Trajectories of parental harshness and exposure to community violence across adolescence differentially predict engagement in antisocial behavior. Poster presented at the Association for Psychological Science (Virtual Meeting).
4. **Estrada, S.,** Cinguina, M., Bozic, I., & Baskin-Sommers, A. (May 2020). Relative levels of childhood maltreatment and exposure to community violence differentially relate to neighborhood, health, mental health, and psychosocial experiences: A multilevel meta-analysis. Poster presented at the Association for Psychological Science, Chicago, IL. [Conference canceled due to COVID-19]

5. **Estrada, S.**, Gee, D., & Baskin-Sommers, A. (May 2019). Exposure to violence impacts basic learning. Poster presented at the 31<sup>st</sup> Annual Meeting of the Association for Psychological Science, Washington, D.C.
6. **Estrada, S.** & Baskin-Sommers A. (May 2019). Psychopathy mediates the relationship between exposure to violence and violent behavior. Poster presented at the 8<sup>th</sup> Meeting of the Society for the Scientific Study of Psychopathy, Las Vegas, NV.
7. Littman, R., **Estrada, S.**, Stagnaro, M.N., Dunham, Y., Rand, D. & Baskin-Sommers, A. (March 2019). Experiencing and committing violence predicts norm-enforcing punishment but not cooperation. Poster presented at the 2019 Annual Conference of the Society for Personality and Social Psychology, Portland, OR.
8. **Estrada, S.**, Stagnaro, M.N., Dunham, Y. Rand, D. & Baskin-Sommers, A. (September 2017). Conduct disorder predicts higher levels of prosocial, but not antisocial, punishment. Poster presented at the 31<sup>st</sup> Annual Meeting of the Society for Research in Psychopathology, Denver, CO.
9. **Estrada, S.**, Stagnaro, M.N., Dunham, Y. Rand, D. & Baskin-Sommers, A. (May 2017). Not so antisocial: Personality and environmental factors that promote prosocial punishment. Poster presented at the 7<sup>th</sup> Meeting of the Society for the Scientific Study of Psychopathy, Antwerp, Belgium.
10. **Estrada, S.**, Stagnaro, M.N., Dunham, Y. Rand, D. & Baskin-Sommers, A. (September 2016). Not so antisocial: Personality and environmental factors that promote prosocial punishment. Poster presented at the 30<sup>th</sup> Annual Meeting of the Society for Research in Psychopathology, Baltimore, MD.
11. Casados, A. T., Crossman, M. K., **Estrada, S. C.**, Javdani, S., & Baskin-Sommers, A. R. (June 2015). The impact of race, psychopathology, and community context on violent offending in an adolescent sample. Poster session presented at the 6<sup>th</sup> Meeting of the Society for the Scientific Study of Psychopathy, Chicago, IL.
12. Ryan, J., **Estrada, S. C.**, Neumann, C., Newman, J., & Baskin-Sommers, A. R. (June 2015). Psychopathic traits differentially predict cognitive functioning. Poster session presented at the 6<sup>th</sup> Meeting of the Society for the Scientific Study of Psychopathy, Chicago, IL.

## **RESEARCH EXPERIENCE**

### ***Research Assistant (January 2015 – Present)***

Mechanisms of Disinhibition Lab, Yale University

Supervisor: Arielle Baskin-Sommers, Ph.D.

Research in the Mechanisms of Disinhibition lab uses multi-modal methodologies to identify and specify the predisposing mechanisms associated with disinhibition and conceptualize their impact on behavior. As a research assistant, I conduct interviews of offenders at a maximum-security prison using Hare's Psychopathy Checklist-Revised to assess psychopathy; SCID-5 and Addiction Severity Index to assess substance use disorders; and neuropsychological tests to assess executive functioning (Trails A & B, Stroop, Digit Backwards). I additionally perform clinical phone screen interviews to determine eligibility for studies conducted at the lab, conduct Structured Clinical

Interviews for DSM-5 Axis I Disorders (SCID-I) and Cluster B Axis II Disorders (SCID-II), and administer neuropsychological tests and behavioral tasks. I am involved in training incoming research assistants to perform phone screen interviews and SCID-I interviews. Also, I participate in a weekly lab meeting that focuses on critical examination of current literature and evaluation of research ideas. Finally, I am involved in several administrative portions of the lab, including scheduling participants, data entry, literature searches, and quality control procedures.

***Consultant (March 2016 – March 2017)***

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I served as a consultant on a study assessing the construct validity of the Prescription Opioid Misuse and Abuse Questionnaire (POMAQ). As a consultant, I conducted clinical SCID-IV Module E (Substance Use Disorders) assessments by phone with individuals currently using prescription opioids.

***Research Assistant (September 2014 – May 2016)***

Infant Cognition Center, Yale University

Supervisor: Karen Wynn, Ph.D.

The Infant Cognition Center investigates how babies reason and learn about their physical (i.e., understanding of object movement and of plants) and social (i.e., understanding of social evaluation and in-groups and out-groups) worlds. As a research assistant, I presented experimental stimuli in the form of puppet and video shows to infants ages 3-36 months, coded looking time using jHab software, and offered and evaluated infant choices. Additional responsibilities included attendance of a weekly lab meeting, scheduling participants, and interacting with parents and siblings of subjects.

**CLINICAL EXPERIENCE**

***Transitions Clinic Network (August 2021 – Present)***

Yale-New Haven Hospital-Cornell Scott-Hill Health Center, New Haven, CT

Supervisors: Arielle Baskin-Sommers, Ph.D., Lisa Puglisi, M.D.

I provide psychoeducation and brief behavioral interventions as part of an integrated primary care/mental health team. Care is provided to adults who have had contact with the criminal justice system. I conduct comprehensive assessments, individual therapy, and group therapy using techniques from CBT, DBT, ACT, and CPT. I work with clients who present with a wide range of difficulties including PTSD, depression, and substance use. I work with an integrated, interdisciplinary team to coordinate care and advocate for client needs.

***West Haven Veterans Affairs Medical Center (September 2020 – Present)***

Yale University, New Haven, CT

Supervisors: Jennifer Doran, Ph.D., Ilan Harpaz-Rotem, Ph.D.

I provide individual and couples integrative psychotherapy to veterans experiencing symptoms of PTSD, anxiety, and depression, and I work primarily with veterans who have been involved with the criminal justice system. I use techniques from CBT, DBT, ACT, trauma-focused treatments like CPT and PE, motivational interviewing, and relational approaches. I perform case management functions as needed

and interact with nutrition specialists, parole officers, and Department of Children and Families officers, among others.

***Substance Abuse Treatment Unit of the Connecticut Mental Health Center  
(September 2019 – June 2020)***

Yale University, New Haven, CT

Supervisors: Donna LaPaglia, Psy.D., Matthew Steinfeld, Ph.D.

I conducted supervised intakes and individual therapy sessions with a diverse range of clients experiencing substance use issues and comorbid psychological difficulties, including anxiety, depression, and traumatic stress. I used techniques from CBT, DBT, ACT, motivational interviewing, and psychodynamic approaches. I presented intake assessments, diagnostic impressions, conceptualizations, and treatment recommendations at our weekly group conferences. Additionally, I performed several case management functions including urine toxicology screens and breathalyzer tests and, in this role, interacted with probation and parole officers, lawyers, and Department of Children and Families officers, among others.

***Yale Psychology Department Clinic (November 2017 – May 2019; September 2020 – June 2021)***

Yale University, New Haven, CT

Supervisors: Mary O'Brien, Ph.D., Christine DeMaio, Ph.D., Faith Prelli, Psy.D.

I conducted video-supervised SCID-5 intakes and individual therapy sessions using techniques from CBT, DBT, and ACT with adults with mood and anxiety disorders. I presented diagnostic impressions, conceptualizations, and treatment recommendations at our weekly group conference. I further conducted Gottman- and EFT-informed couples therapy intakes and sessions. Additionally, I facilitated a 10-week DBT-based group for young adults. Finally, I was involved in a preventative DBT-informed group aimed at undergraduates.

***Summer Intern (July 2015 – August 2015)***

Square Medical Group/Square Psychiatry, Newton, MA

Supervisor: Elaine Stark

I participated in weekly group therapy sessions and attended a weekly clinical meeting to discuss client issues and solutions. I also presented research on family involvement in substance abuse, created a manual for behavioral health and primary care resources in the greater Boston area, and enriched website text and information.

**SPECIALIZED CLINICAL TRAINING**

***How to Target PTSD in Clients with Borderline Personality Disorder? A Crisp Introduction in DBT-PTSD*** (October 2021)

Instructor: Martin Bohus, Ph.D.

Three-hour webinar. International Society for the Study of Personality Disorders, Oslo, Norway (Virtual Meeting).

***Doing Dialectical Behavior Therapy with Sexual and Gender Minority People*** (June 2021)

Instructors: Colleen Sloan, Ph.D., Cindy Chang, Psy.M., Jeff Cohen, Psy.D.  
Ninety-minute webinar. Association for Behavioral and Cognitive Therapy (Virtual Meeting).

***Addressing Microaggressions Inside and Outside the Consultation Room*** (February 2021)

Instructor: Donna Harris, M.A., LCSW, CGP  
Four-hour virtual training. Yale Psychology Department, Yale University.

***Cognitive-Behavioral Therapy*** (October 2017)

Instructor: Steven Hollon, Ph.D.  
Three-hour training. Yale Psychology Department Clinic, Yale University.

**TEACHING EXPERIENCE**

***Head Graduate Teaching Fellow: The Criminal Mind*** (Fall 2020)

Instructor: Arielle Baskin-Sommers, Ph.D.

***Graduate Teaching Fellow: Research Methods in Clinical Psychology*** (Spring 2020)

Instructor: Arielle Baskin-Sommers, Ph.D.

***Graduate Teaching Fellow: Abnormal Psychology*** (Spring 2019)

Instructor: Jutta Joormann, Ph.D.

***Graduate Teaching Fellow: The Criminal Mind*** (Fall 2018)

Instructor: Arielle Baskin-Sommers, Ph.D.

**PROFESSIONAL MEMBERSHIPS**

Association for Psychological Science (APS)  
Society for the Scientific Study of Psychopathology (SSSP)  
Society for a Science of Clinical Psychology (SSCP)

**INSTITUTIONAL SERVICE AND OTHER EXPERIENCE**

**Sneak Peek Graduate Application Mentor (August 2021 – present)**

- Mentor underrepresented applicants throughout the graduate school application process by answering questions, providing critical feedback on application materials, and helping to prepare for interviews

**Project SHORT Graduate Application Mentor (September 2020 – present)**

- Mentor underrepresented applicants throughout the graduate school application process by answering questions, providing critical feedback on application materials, and helping to prepare for interviews



**Davenport College Graduate Affiliate (September 2017 – present)**

- Mentor undergraduate students in Davenport College at Yale University and organize social/informational events for undergraduates

**Clinical Instructors Search Committee Student Representative (May 2021 – November 2021)**

- Recruited a new clinical supervisor for the Yale Psychology Department Clinic with specific training on multiculturalism in supervision and psychotherapy
- Recruited a new faculty member to enhance instruction of culturally responsive practices in clinical assessment
- Communicated with applicants, solicited student input, and liaised with faculty to ensure student voices were represented in the hiring process

**Chair of the Psychology Department Colloquium Committee (January 2018 – May 2020)**

- Coordinated and organized speakers for department-wide colloquia

**Student Coordinator for the Current Work in Clinical Psychology Speaker Series (June 2018 – May 2019)**

- Coordinated and organized speakers for area speaker series

**Psychology Department Student Advisory Committee (September 2015 – December 2015)**

- Advised the Director of Undergraduate Studies in Psychology on student needs and desires
- Suggested additional courses
- Suggested adjustments to existing courses and structure of the major

**Psi Chi Executive Board Member (February 2015 – December 2015)**

- Inducted new members into Psi Chi
- Organized events for Psychology majors and Psi Chi members such as study breaks and advising sessions

**Communication and Consent Educator (August 2015 – May 2016)**

- Led workshops to educate students on issues of consent/sexual respect
- Served as a mandatory reporter for incidences of sexual assault
- Organized community events to promote an ethos of sexual respect
- Attended weekly meetings to discuss theoretical implications of programs designed to counter sexual assault on college campuses

**Community Health Educator (August 2014 – May 2015)**

- Taught workshops on sexual education to high school students and college freshmen