

CURRICULUM VITAE

**Jordyn R. Ricard**

Yale University Department of Psychology  
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**EDUCATION**

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**Yale University** 2022 –  
Graduate School of Arts and Sciences  
Ph.D. Student in Clinical Psychology  
Advisor: Dr. Arielle Baskin-Sommers

**Northwestern University** 2016 – 2020  
School of Education and Social Policy  
B.S. Human Development and Psychological Services  
Honors Thesis: *Life stress and facial expressions in individuals at clinical high risk for psychosis*  
Advisors: Drs. Claudia M. Haase and Vijay A. Mittal

**PEER-REVIEWED PUBLICATIONS**

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- Ricard, J. R.**, Gupta, T., Vargas, T., Haase, C. M., Mittal, V. A. (2021). Genuine and non-genuine smiles in individuals meeting criteria for a clinical high-risk syndrome. *Early Intervention in Psychiatry*, 1 – 8. <https://doi.org/10.1111/eip.13233>
- Castro-Ramirez, F., Al-Suwaidi, M., Garcia, P., Rankin, O., **Ricard, J. R.**, & Nock, M. K. (2021). Racism and poverty are barriers to the treatment of youth mental health concerns. *Journal of Clinical Child and Adolescent Psychology*, 1 – 13. <https://doi.org/10.1080/15374416.2021.1941058>
- Gupta, T., Haase, C. M., Strauss, G. P., Cohen, A. S., **Ricard, J. R.**, Mittal, V. A. (2020). Alterations in facial expressions of emotion: Determining the promise of ultra-thin slicing and comparing human and automated coding methods in psychosis risk. *Emotion*. <https://doi.org/10.1037/emo0000819>

**MANUSCRIPTS IN PREPARATION**

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- Ricard, J. R.\***, Ramlal, N.\*, Castro-Ramirez, F., Lee, H. I. S., Martin, B., Nock, M. K. (in preparation). Using early childhood adversity for short-term prediction of suicidal behavior. \*indicates co-authorship
- Cain, K., **Ricard, J. R.**, McGuire, T. C., Nock, M., K., & Castro-Ramirez, F. (in preparation). The school-to-prison pipeline is a mental health crisis.
- Wang, S. B., Van Genugten, R. D. I, Al-Suwaidi, M., Bentley, K. H., DeMarco, D., Dempsey, W., Fortgang, R. G., Kilbury, E., Kleiman, E. M., Lee, H., Millner, A. J., **Ricard, J. R.**, Zuromski, K., Nock, M. K. (in preparation). Idiographic prediction of suicidal thoughts after discharge from psychiatric hospitalization.

## CONFERENCE TALKS

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- Reid-Russell, A., Al-Suwaidi, M., Bentley, K. H., DeMarco, D., Fortgang, R. G., Haim, A., Kilbury, E., Kleiman, E. M., Lee, H., Millner, A. J., Prinstein, M., **Ricard, J. R.**, Zuromski, K., Nock, M. K. Fluctuations in affect, emotional numbing, and suicidal thinking across the menstrual cycle in adolescents and adults recently discharged from psychiatric hospitalization. In O. Pollak (Chair), *Adolescent suicide, self-injury, and RDoC: Advancing understanding of adolescents' self-injurious thoughts and behaviors across multiple RDoC domains*. Symposium presented at the virtual Association for Behavioral and Cognitive Therapies.
- Wang, S. B., Van Genugten, R. D. I., Al-Suwaidi, M., Bentley, K. H., DeMarco, D., Dempsey, W., Fortgang, R. G., Kilbury, E., Kleiman, E. M., Lee, H., Millner, A. J., **Ricard, J. R.**, Zuromski, K., Nock, M. K. Idiographic prediction of suicidal thoughts after discharge from psychiatric hospitalization. In S. B. Wang & R. A. Hunt (Co-Chairs), *What happens after people leave treatment? Examining transdiagnostic illness trajectories and transitions during critical periods*. Symposium presented at the virtual Association for Behavioral and Cognitive Therapies.
- Oshipitan, C., Jones, G., Castro-Ramirez, F., **Ricard, J. R.**, Nock, M. K. (2021, July). *The gatekeeping of psychedelics: How colonization and the war on drugs have restricted the use of psychedelic healing practices in indigenous and black communities*. Talk given at virtual Leadership Alliance National Symposium.
- Gil Hernández, D., Castro-Ramirez, F., **Ricard, J. R.**, Coppersmith, D. D. L., Nock, M. K. (2021, July). *Treatment engagement after ED visit as a protective factor for suicide attempt using patient self-report and electronic health records*. Talk given at virtual Leadership Alliance National Symposium.
- Nock, M. K., Castro-Ramirez, F., & **Ricard, J. R.** (2021, January). *Measuring the suicidal mind among youth*. Presented at: NIMH Risk, Resilience, & Trajectories in Preteen Suicide. Round Table 1: Phenomenology and Assessment of Suicidal Ideation and Behavior in Preteen Children, Bethesda, MD.
- Ricard, J. R.**, Gupta, T., Hittner, E. F., Haase, C. M., Mittal, V. A. (2020, May). *Life stress and facial expressions in individuals at clinical high risk for psychosis*. Talk given at virtual Undergraduate Research and Arts Exposition.
- Ricard, J. R.**, Coppersmith, D. D. L., Fortgang, R. G., Wang, S. B., Nock, M. K. (2019, July). *Using smartphone technology to improve the understanding of substance abuse and suicidal thoughts in real-time*. Talk given at Leadership Alliance National Symposium, Hartford, CT.
- Ricard, J. R.**, Gupta, T., Mittal, V. A., Haase, C. M. (2019, March). *Signs of psychosis risk: Thin slices of altered emotional behavior in youth at clinical high risk for psychosis*. Poster Spotlight Talk given at Society for Affective Science. Boston, MA.
- Ricard, J. R.**, Stephens, J., Haase, C. M. (2018, May). *Emotional behavior during conflict and marital satisfaction: A laboratory-based study of married couples*. Talk given at Undergraduate Research and Arts Exposition, Evanston, IL.

## CONFERENCE POSTERS

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- Ricard, J. R.**, Castro-Ramirez, F., Nock, M. K. (2021, November). *Using early childhood adversity for short-term prediction of suicidal behavior*. Poster presented at the virtual Association for Behavioral and Cognitive Therapies (ABCT) Conference.
- Gil Hernández, D., Castro-Ramirez, F., **Ricard, J. R.**, Coppersmith, D. D. L., Nock, M. K. (2021, November). *Treatment engagement after ED visit as a protective factor for suicide attempt using patient self-report and electronic health records*. Poster presented at the virtual Annual Biomedical Research Conference for Minority Students (ABRCMS).
- Rankin, O., Low, D. M., **Ricard, J. R.**, Castro-Ramirez, F., Garcia, P., Smith, S., Ramlal, N., Alemu, R., Ervin, A., Vo, M., Carney, A., Nock, M. K. (2021, October). *Automating the screening of articles for a review on suicide research*. Poster presented at the virtual SciNLP.
- Ricard, J. R.**, Gupta, T., Hittner, E. F., Haase, C. M., Mittal, V. A. (2020, April). *Life stress and facial expressions in individuals at clinical high risk for psychosis*. Poster accepted to be presented at Society for Affective Science Conference. San Francisco, CA. (Cancelled due to COVID-19)
- Ricard, J. R.**, Gupta, T., Haase, C. M., Hittner, E. F., Vargas, T., Mittal, V. A. (2019, September). *Facial expressions of emotions and trauma in individuals at clinical high risk for psychosis*. Poster presented at 33<sup>rd</sup> Annual Meeting of the Society for Research in Psychopathology, Buffalo, New York.
- Gupta, T., Haase, C. M., Strauss, G. P., Cohen, A. S., **Ricard, J. R.**, Mittal, V. A. (2019, September). *Altered emotion expression in psychosis risk: Determining the promise of thin slicing and comparing human and automated coding methods*. Poster presented at 33<sup>rd</sup> Annual Meeting of the Society for Research in Psychopathology Annual Meeting, Buffalo, New York.
- Ricard, J. R.**, Coppersmith, D. D. L., Fortgang, R. G., Wang, S. B., Nock, M. K. (2019, August). *Using smartphone technology to improve the understanding of substance abuse and suicidal thoughts in real-time*. Poster presented at Summer Undergraduate Research Village Poster Session, Harvard University, Cambridge, MA.
- Sherin, M., Dobie, T., Richards, J., Sherin, B., Leatherwood, C., Altschuler, M., Larison, S., Fishman, J., **Ricard, J. R.**, Morton, K. (2019, April) *Using teacher self-captured video in professional development*. Poster presentation given at 2019 Annual Meeting of the American Educational Research Association (AERA), Toronto, Canada.
- Ricard, J. R.**, Gupta, T., Mittal, V. A., Haase, C. M. (2019, March). *Signs of psychosis risk: Thin slices of altered emotional behavior in youth at clinical high risk for psychosis*. Poster presentation given at Society for Affective Science Conference. Boston, MA.
- Ricard, J. R.**, Castro-Ramirez, F., Pixley, H. S., Millner, A. J., Nock, M. K. (2018, November). *Trauma, psychopathology, and suicidal behaviors*. Poster presentation given at Annual Biomedical Research Conference for Minority Students (ABRCMS), Indianapolis, IN.

Gupta, T., Rowghani, K., **Ricard, J. R.**, Haase, C. M., Daame, K., Mittal, V. A. (2018, September). *Alterations in emotional expression in youth at clinical-high risk for psychosis*. Poster presentation given at 32nd Annual Meeting of the Society for Research in Psychopathology, Indianapolis, IN.

**Ricard, J. R.**, Castro-Ramirez, F., Pixley, H. S., Millner, A. J., Nock, M. K. (2018, August). *Trauma, psychopathology, and suicidal behaviors*. Poster presentation given at Summer Undergraduate Research Village Poster Session, Harvard University, Cambridge, MA.

**Ricard, J. R.**, Castro-Ramirez, F., Pixley, H. S., Millner, A. J., Nock, M. K. (2018, July). *Trauma, psychopathology, and suicidal behaviors*. Poster presentation given at Leadership Alliance National Symposium, Hartford, CT.

**Ricard, J. R.**, Stephens, J., Haase, C. M. (2017, September). *Emotional behavior during conflict and marital satisfaction: A laboratory-based study of married couples*. Poster presentation given at NU Bioscientist Poster Presentation, Northwestern University, Evanston, IL.

## RESEARCH GRANTS AND FELLOWSHIPS

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### **National Science Foundation Graduate Research Fellowship Program** 2022

Submission: Developmental patterns of aggressive and delinquent behavior following adverse experiences among youth in the foster care system

Title: Principal Investigator

Amount Awarded: \$138,000

### **National Institute of Mental Health (NIMH) ALACRITY Grant** 2022

Submission: Social determinants of self- and other-directed violence in Black and minoritized youth

Title: Co-Investigator (Principal Investigator: Franckie Castro-Ramirez)

Amount Awarded: \$25,000

### **Harvard University Hodgson Psychology Research Innovation Grant** 2022

Submission: Race and ethnicity as potential moderators of the associations between psychedelic use and deleterious mental health outcomes

Title: Co-Investigator (Principal Investigator: Grant Jones)

Amount Awarded: \$10,000

### **Northwestern University G. Alfred Hess Jr. Undergraduate Research Fund** 2020

Submission: Life stress and facial expressions in individuals at clinical high risk for psychosis

Title: Principal Investigator (Faculty Sponsor: Dr. Claudia Haase)

Amount Awarded: \$850

### **Northwestern University Conference Travel Grant** 2020

Submission: Trauma history and facial expressions of emotions in individuals at clinical high risk for psychosis

Title: Principal Investigator (Faculty Sponsor: Dr. Vijay Mittal)

Amount Awarded: \$500

### **Northwestern University Research Grant** 2020

Submission: Life stress and facial expressions in individuals at clinical high risk for psychosis

Title: Principal Investigator (Faculty Sponsor: Dr. Claudia Haase)  
Amount Awarded: \$850

**Northwestern University Opportunities Research Fund** 2019

Submission: Signs of psychosis risk: Thin slices of altered emotional behavior in youth at clinical high risk for psychosis

Title: Principal Investigator (Faculty Sponsor: Dr. Claudia Haase)  
Amount Awarded: \$600

**Northwestern University Conference Travel Grant** 2019

Submission: Signs of psychosis risk: Thin slices of altered emotional behavior in youth at clinical high risk for psychosis

Title: Principal Investigator (Faculty Sponsor: Dr. Claudia Haase)  
Amount Awarded: \$500

**Northwestern University Conference Travel Grant** 2019

Submission: Facial expressions of emotions and life stress in youth at clinical high risk for psychosis

Title: Principal Investigator (Faculty Sponsor: Dr. Vijay Mittal)  
Amount Awarded: \$500

**Northwestern University Summer Advanced Undergraduate Research Grant** 2019

Submission: Facial expressions of emotions and life stress in youth at clinical high risk for psychosis

Title: Principal Investigator (Faculty Sponsor: Dr. Claudia Haase)  
Amount Awarded: \$3,500

**Harvard University Summer Research Opportunities Award** 2019

Submission: Using smartphone technology to improve the understanding of substance abuse and suicidal thoughts in real-time

Title: Principal Investigator (Faculty Sponsor: Dr. Matthew Nock)  
Amount Awarded: \$5,000

**ABRCMS Student Travel Research Grant** 2018

Submission: Trauma, psychopathology, and suicidal behaviors

Title: Principal Investigator (Faculty Sponsor: Dr. Matthew Nock)  
Amount Awarded: \$5,000

**Northwestern University Conference Travel Grant** 2018

Submission: Alterations in emotional expression in youth at clinical high-risk for psychosis

Title: Principal Investigator (Faculty Sponsor: Dr. Vijay Mittal)  
Amount Awarded: \$460

**Northwestern University Conference Travel Grant** 2018

Submission: Trauma, psychopathology, and suicidal behaviors

Title: Principal Investigator (Faculty Sponsor: Dr. Claudia Haase)  
Amount Awarded: \$500

**Northwestern University Conference Travel Grant** 2018

Submission: Trauma, psychopathology, and suicidal behaviors

Title: Principal Investigator (Faculty Sponsor: Dr. Claudia Haase)  
Amount Awarded: \$500

**Harvard University Summer Research Opportunities Award** 2018

Submission: Trauma, psychopathology, and suicidal behaviors  
Title: Principal Investigator (Faculty Sponsor: Dr. Matthew Nock)  
Amount Awarded: \$5,000

**Northwestern University G. Alfred Hess Jr. Undergraduate Research Fund** 2018

Submission: Facial expressions of emotions and trauma in individuals at clinical high risk for psychosis  
Title: Principal Investigator (Faculty Sponsor: Dr. Claudia Haase)  
Amount Awarded: \$550

**Northwestern University Summer Undergraduate Research Grant** 2017

Submission: Stonewalling and marital satisfaction: how stonewalling behavior predicts marital satisfaction in married couples  
Title: Principal Investigator (Faculty Sponsor: Dr. Claudia Haase)  
Amount Awarded: \$3,500

**Northwestern University Academic Year Research Grant** 2017

Submission: A face worth a thousand words: The associations between emotional facial expressions and marital satisfaction  
Title: Principal Investigator (Faculty Sponsor: Dr. Claudia Haase)  
Amount Awarded: \$3,500

**Northwestern University Undergraduate Research Assistant Program Grant** 2016

Submission: Emotion in couples  
Title: Research Assistant (Principal Investigator: Dr. Claudia Haase)  
Amount Awarded: \$2,000

*Note: J. R. Ricard currently holds the record for most research grants received as an undergraduate at Northwestern University*

## RESEARCH EXPERIENCE

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**Ph.D. Student** 2022 –

Yale University, New Haven, CT  
Dr. Arielle Baskin-Sommers, Associate Professor, Department of Psychology

**Research Assistant** 2018 – 2022

Harvard University, Cambridge, MA  
Dr. Matthew Nock, Edgar Pierce Professor, Department of Psychology  
Project: *Intensive longitudinal study of suicidal behaviors and related health outcomes*

**Research Assistant** 2017 – 2020

Northwestern University, Evanston, IL  
Dr. Vijay A. Mittal, Professor, Department of Psychology  
Project: *MAP study*

**Research Assistant** 2017 – 2020  
 Northwestern University, Evanston, IL  
 Dr. Claudia Haase, Associate Professor, Human Development and Social Policy  
Projects: *Caregiver-youth interaction study; Emotion in couples study*

**Research Assistant** 2017 – 2020  
 Northwestern University, Evanston, IL  
 Dr. Miriam Sherin, Professor of Learning Sciences, School of Education and Social Policy  
Projects: *Freezing time: Using digital video to help teachers reason about classroom events; Understanding the role of video in teacher learning*

## HONORS & AWARDS

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**Dean's Emerging Scholars Fellowship Award** 2022  
 Department of Psychology  
 Yale University, New Haven, CT

**Selected Participant** 2021  
 Department of Psychology's Diversity Recruitment Weekend  
 University of Michigan, Ann Arbor, MI

**Selected Participant** 2021  
 Psychology Committee for Diversity and Inclusiveness's Sneak Peek Program  
 Yale University, New Haven, CT

**Selected Participant** 2021  
 Diversifying Clinical Psychology Conference  
 Council of University Directors of Clinical Psychology

**Selected Participant** 2021  
 Emerging Black Child Development Scholars Program  
 Society for Research on Child Development's Black Caucus

**Leadership Alumni Award** 2020  
 School of Education and Social Policy  
 Northwestern University, Evanston, IL

**Dean's List** (all 4 years) 2020  
 School of Education and Social Policy  
 Northwestern University, Evanston, IL

**Best Social Science Oral Presentation** 2020  
 Office of Undergraduate Research  
 Northwestern University, Evanston, IL

<b>Selected Participant</b> Department of Psychology's Diversifying Psychology Visit Day University of Virginia, Charlottesville, VA	2020
<b>Selected Participant</b> Department of Psychology's Diversity in Psychology Program University of Minnesota – Twin Cities, Minneapolis, MN	2019
<b>Selected Participant</b> Emory Diversifying Graduate Education's Learning about Laney: Preview Visitation Weekend Emory University, Atlanta, GA	2019
<b>Poster Spotlight Award</b> Society for Affective Science Conference Boston, MA	2019
<b>Career Development Fund Award</b> Northwestern Career Advancement Northwestern University, Evanston, IL	2018
<b>Selected Participant</b> NU Bioscientist Research Prep Program Northwestern University, Evanston, IL	2016
<b>ACADEMIC CONTRIBUTIONS TO DIVERSITY &amp; EQUITY</b>	
<b>Panelist for Office Undergraduate Research</b> Northwestern University, Evanston, IL Supervisors: Dr. Peter Civetta and Dr. Megan Wood	2022
<b>Graduate Student Mentor for Next-Gen Psych Scholars</b> University of Minnesota University, Cambridge, MA Supervisors: Meriah DeJoseph and Kate Carosella	2022 –
<b>Co-Mentor for Summer Research Opportunities at Harvard</b> Harvard University, Cambridge, MA Supervisors: Dr. Matthew Nock and Frankie Castro-Ramirez	2021
<b>Undergraduate Teaching Fellow for Bio&amp;ChemEXCEL</b> Northwestern University, Evanston, IL Supervisor: Dr. Luke Flores	2020
<b>Social Science Representative for Research Advisory Council</b> Northwestern University, Evanston, IL Supervisor: Dr. Peter Civetta	2018 – 2020



<b>Peer Mentor for Arch Scholars Program</b> Northwestern University, Evanston, IL Supervisor: Dr. Luke Flores	2018 – 2020
<b>Mentor for Supplies for Dreams</b> Northwestern University, Evanston, IL Supervisor: Reena Burt, B.S.	2017 – 2020
<b>Intern for AVID Program</b> Evanston Township High School, Evanston, IL Supervisor: Tenesha Williams, M.S.	2019
<b>Research Coordinator for Undergraduate Psychology Association</b> Northwestern University, Evanston, IL Supervisor: Dr. Vijay Mittal	2019
<b>Peer Research Mentor for Office of Undergraduate Research</b> Northwestern University, Evanston, IL Supervisor: Dr. Peter Civetta	2018 – 2019
<b>Mentor for YMCA Project SOAR</b> McGaw YMCA, Evanston, IL Supervisor: Elise Roug, B.S.	2017 – 2018
<b>Peer Mentor NU Bioscientist</b> Northwestern University, Evanston, IL Supervisor: Dr. Luke Flores	2017 – 2018

## **PROFESSIONAL MEMBERSHIPS**

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Association for Behavioral and Cognitive Therapies (ABCT)

## **TECHNICAL SKILLS**

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Biolab, EPrime, SPSS, Facial Action Coding System (FACS; certified), SPAFF, Oedipus, iMotions, EMFACS, JASP, Emotional Expressive Behavior (EEB), R, JMP, Qualtrics, REDCap