

Mental Health Clinics in New Haven

Yale New Haven Adult Intensive Outpatient Psychiatric Services

**General Adult Outpatient Track (2-4 days per week at least 3-hours per day)*

425 George Street
New Haven, CT 06510
Phone: (203) 688-3182

Yale New Haven Adult Outpatient Psychiatric Services

**Individual counseling, trauma support groups*

646 George Street
New Haven, CT 06510
Phone: (203) 784-8700

Connecticut Mental Health Center

**Individual and group counseling*

34 Park Street
New Haven, CT 06519
Phone: (203) 974-7300

APT Foundation

**Individual and group counseling*

1 Long Wharf Drive
New Haven, CT 06511
Phone: (203) 781-4600

Cornell-Scott Hill Health Center

**Individual and group counseling*

911 State Street
New Haven, CT 06511
Phone: (203) 503-3000

Integrated Wellness Center

**Individual counseling*

446a Blake St #200
New Haven, CT 06515
Phone: (203) 387-9400

<http://www.integratedwellnessgroup.org/#home>

Individual Counselors who take Husky Insurance

**Please confirm insurance with each individual counselor*

<https://www.psychologytoday.com/us/therapists/ct/new-haven?category=husky>

La Clínica Hispana (For Spanish Speakers)

**Individual and group counseling*

34 Park Street
New Haven, CT 06519
Phone: (203) 974-5800

Individual Counselors who take Husky Insurance (For Spanish Speakers)

**Please confirm insurance and language with each individual counselor*

<https://www.psychologytoday.com/us/therapists/ct/new-haven?category=husky&sid=62753cb4a7f5f&spec=353>