

CURRICULUM VITAE

Jordyn R. Ricard

Yale University Department of Psychology
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EDUCATION

Yale University	2022 – present
Department of Psychology	
Ph.D. Candidate in Clinical Psychology	
Advisor: Arielle Baskin-Sommers, Ph.D.	
Northwestern University	2016 – 2020
School of Education and Social Policy	
B.S. Human Development and Psychological Services	
Honors Thesis: <i>Life stress and facial expressions in individuals at clinical high risk for psychosis</i>	
Advisors: Claudia M. Haase, Ph.D., and Vijay A. Mittal, Ph.D.	

RESEARCH GRANTS & FELLOWSHIPS

Health Policy Research Scholars Fellowship, Robert Wood Johnson Foundation	2023 – 2027
National leadership program supporting doctoral students advancing health equity – \$124,000	
ALACRITY Grant, National Institutes of Mental Health	2022
Social determinants of self- and other-directed violence in Black and minoritized youth	
Role: Co-Investigator (PI: Frankie Castro-Ramirez, M.A.) – \$25,000	
NSF Graduate Research Fellowship Program (GRFP), National Science Foundation	2022 – 2025
Competitive national fellowship providing three years of support – \$138,000	
Hodgson Psychology Research Innovation Grant, Harvard University	2022
Race and ethnicity as moderators of associations between psychedelic use and mental health outcomes	
Role: Co-Investigator (PI: Grant Jones, Ph.D.) – \$10,000	
Undergraduate Research Grants, Northwestern University	2016 – 2020
Multiple competitive awards (Hess Jr. Fund, Office of Undergraduate Research, Opportunities Fund) supporting independent projects on emotion, stress, and psychosis risk	
Role: Principal Investigator (Faculty Sponsor: Claudia Haase, Ph.D.) – \$15,350 (Cumulative)	
*Note: Currently holds the record for most research grants received as an undergraduate at Northwestern University	

HONORS & AWARDS

Kelly D. Brownell Award for Outstanding Graduate Research, Yale University	2024
Recognized for outstanding psychological research with broad applied impact	
GSA Conference Travel Fellowship, Yale University	2024
Awarded funding for presenting research at the Association for Psychological Science Conference	
Emerging Scholar Research Award, Association for Psychological Science	2023
Honored for academic excellence and contributions to psychological science	
Dean's Emerging Scholars Fellowship, Yale University	2022 – 2025
Recognized for academic excellence and commitment to expanding educational access	
Emerging Black Child Development Scholars Award, SRCD Black Caucus	2021
Awarded for commitment to advancing research on Black child development	
Leadership Alumni Award, Northwestern University	2020
Awarded to one graduating senior for research, mentorship, and advocacy	

Best Social Science Oral Presentation, Northwestern University	2020
Recognized for excellence in presenting original research in the social sciences	
Summer Research Opportunities at Harvard Fellowship, Harvard University	2019
Received fellowship support for faculty-mentored social science research	
Poster Spotlight Award, Society for Affective Science	2019
Recognized for outstanding work in affective science	
Summer Research Opportunities at Harvard Fellowship, Harvard University	2018
Awarded funding through competitive fellowship to conduct independent social science research	
Conference Travel Grant Award, Northwestern University (x6)	2018 – 2020
Awarded funding for presenting research at multiple national conferences	
NCA Career Development Fund Award, Northwestern University	2018
Awarded funding to support research and career development opportunities	
Travel Research Award, ABRCMS	2018
Awarded funding for presenting at the ABRCMS national conference	
Tozer Foundation Award, Tozer Foundation	2016 – 2020
Awarded to students for academic achievement	

PEER-REVIEWED PUBLICATIONS

1. Uzzi, M., **Ricard, J. R.**, Belton, I., Linton, S., Marineau, L., Johnson, R. M., Latkin, C., & Nesoff, E. (in press). Fatal opioid overdose by historical and contemporary neighborhood-level structural racism in Chicago, Illinois. *JAMA Health Forum*.
2. **Ricard, J. R.**, Richeson, J. A., & Baskin-Sommers, A. (2025). Availability of community resources reduces the association among community violence exposure, negative emotionality, and substance use disorders. *Child Abuse & Neglect*, 160, 107226. <https://doi.org/10.1016/j.chiabu.2024.107226>
3. Wang, S. B., Van Genugten, R. D. I., Yacoby, Y., ... **Ricard, J. R.**, Smoller, J. W., Tamedou, T., Zuromski, K. L., & Nock, M. K. (2024). Idiographic prediction of suicidal thoughts: Building personalized machine learning models with real-time monitoring data. *Nature Mental Health*, 2(11), 1382-1391. <https://doi.org/10.1038/s44220-024-00335-w>
4. Baskin-Sommers, A., Williams, A., Benson-Williams, C., Ruiz, S., **Ricard, J. R.**, & Camacho, J. (2024). Shrinking the footprint of the criminal legal system through policies informed by psychology and neuroscience. *Communications Psychology*, 2(1), 38. <https://doi.org/10.1038/s44271-024-00090-9>
5. **Ricard, J. R.**, Hyde, L. W., & Baskin-Sommers, A. (2024). Person-centered combinations of individual, familial, neighborhood, and structural risk factors differentially relate to antisocial behavior and psychopathology. *Criminal Justice and Behavior*, 51(9), 1339-1357. <https://doi.org/10.1177/00938548241246146>
6. **Ricard, J. R.**, Gupta, T., Vargas, T., Haase, C. M., & Mittal, V. A. (2021). Genuine and non-genuine smiles in individuals meeting criteria for a clinical high-risk syndrome. *Early Intervention in Psychiatry*, 16(8), 875-882. <https://doi.org/10.1111/eip.13233>
7. Castro-Ramirez, F., Al-Suwaidi, M., Garcia, P., Rankin, O., **Ricard, J. R.**, & Nock, M. K. (2021). Racism and poverty are barriers to the treatment of youth mental health concerns. *Journal of Clinical Child and Adolescent Psychology*, 50(4), 534-546. <https://doi.org/10.1080/15374416.2021.1941058>
8. Gupta, T., Haase, C. M., Strauss, G. P., Cohen, A. S., **Ricard, J. R.**, & Mittal, V. A. (2020). Alterations in facial expressions of emotion: Determining the promise of ultra-thin slicing and comparing human and automated coding methods in psychosis risk. *Emotion*, 22(4), 714-724. <https://doi.org/10.1037/emo0000819>

MANUSCRIPTS UNDER REVIEW

1. **Ricard, J. R.**, Richeson, J. A., Uzzi, M., Barber, M., Huff, M., Larosa, M., Steinert, N., & Baskin-Sommers, A. (under review). The role of state social service spending in moderating mental health outcomes of community violence: A spatial meta-analysis. https://doi.org/10.31234/osf.io/zr94j_v1
2. Castro-Ramirez, F., McGuire, T. C., Al-Suwaidi, M., **Ricard, J. R.**, Chambers, K., Ricard, J. A., Herrman, F., & Nock, M. K. (in revision). The role of perceived hyper-surveillance in suicide risk of adolescent youth.
3. Nock, M. K., Kleiman, E. M., Bentley, K. H., ... **Ricard, J. R.**, Ramlal, N., Tamedou, T., Bird, S. A., Buonapane, R., Donovan, A., Mair, P., Onnela, J. P., Picard, R., & Smoller, J. W. (under review). Using digital phenotyping to predict suicide attempts.

RESEARCH TALKS (SELECTED; FIRST AUTHOR ONLY)

1. **Ricard, J. R.** (2025, April). *Community violence exposure and mental health: What we know, what's missing, and new directions for research*. Talk given at Clinical Current Works, Department of Psychology, Yale University.
2. **Ricard, J. R.**, Richeson, J. A., & Baskin-Sommers, A. (2024, November). *State-level expenditures towards social services and their role in mitigating the psychological impact of community violence exposure: a spatial meta-analysis*. Talk given at the SEICHE Center for Health and Justice, School of Medicine, Yale University.
3. **Ricard, J. R.**, Hyde, L., & Baskin-Sommers, A. (2023, September). *Person-centered combinations of individual, familial, neighborhood, and structural risk factors differentially relate to antisocial behavior and psychopathology*. Talk given at First-Year Symposium, Department of Psychology, Yale University.
4. **Ricard, J. R.**, Gupta, T., Hittner, E. F., Haase, C. M., & Mittal, V. A. (2020, May). *Life stress and facial expressions in individuals at clinical high risk for psychosis*. Talk given at the virtual Undergraduate Research and Arts Exposition.
5. **Ricard, J. R.**, Coppersmith, D. D. L., Fortgang, R. G., Wang, S. B., & Nock, M. K. (2019, July). *Using smartphone technology to improve the understanding of substance abuse and suicidal thoughts in real-time*. Talk given at the Leadership Alliance National Symposium, Hartford, CT.
6. **Ricard, J. R.**, Gupta, T., Mittal, V. A., & Haase, C. M. (2019, March). *Signs of psychosis risk: Thin slices of altered emotional behavior in youth at clinical high risk for psychosis*. Poster Spotlight Talk given at the Society for Affective Science. Boston, MA.
7. **Ricard, J. R.**, Stephens, J., & Haase, C. M. (2018, May). *Emotional behavior during conflict and marital satisfaction: A laboratory-based study of married couples*. Talk given at the Undergraduate Research and Arts Exposition, Evanston, IL.

CONFERENCE POSTERS (SELECTED; FIRST AUTHOR ONLY)

1. **Ricard, J. R.**, Richeson, J. A., Baskin-Sommers, A. (2025, May). *The role of state social service spending in reducing psychological harm from community violence: a spatial meta-analysis*. Poster presented at the Association for Psychological Science Conference. Washington, D.C.
2. **Ricard, J. R.**, Richeson, J. A., Baskin-Sommers, A. (2024, May). *Structural interventions reduce the association among community violence exposure, negative emotionality, and substance use disorders*. Poster presented at the Association for Psychological Science Conference. San Francisco, CA.
3. **Ricard, J. R.**, Baskin-Sommers, A. (2023, May). *Within-person combinations of individual, familial, neighborhood and structural factors differentially relate to antisocial behavior and legal system involvement*. Poster presented at the Association for Psychological Science Conference. Washington, D.C.
4. **Ricard, J. R.**, Castro-Ramirez, F., Nock, M. K. (2021, November). *Using early childhood adversity for short-term prediction of suicidal behavior*. Poster presented at the virtual Association for Behavioral and Cognitive Therapies Conference.

5. **Ricard, J. R.**, Gupta, T., Hittner, E. F., Haase, C. M., Mittal, V. A. (2020, April). *Life stress and facial expressions in individuals at clinical high risk for psychosis*. Poster accepted to be presented at the Society for Affective Science Conference. San Francisco, CA. (Canceled due to COVID-19)
6. **Ricard, J. R.**, Gupta, T., Haase, C. M., Hittner, E. F., Vargas, T., Mittal, V. A. (2019, September). *Facial expressions of emotions and trauma in individuals at clinical high risk for psychosis*. Poster presented at 33rd Annual Meeting of the Society for Research in Psychopathology, Buffalo, New York.
7. **Ricard, J. R.**, Coppersmith, D. D. L., Fortgang, R. G., Wang, S. B., Nock, M. K. (2019, August). *Using smartphone technology to improve the understanding of substance abuse and suicidal thoughts in real-time*. Poster presented at Summer Undergraduate Research Village Poster Session, Harvard University, Cambridge, MA.
8. **Ricard, J. R.**, Gupta, T., Mittal, V. A., Haase, C. M. (2019, March). *Signs of psychosis risk: Thin slices of altered emotional behavior in youth at clinical high risk for psychosis*. Poster presented at Society for Affective Science Conference. Boston, MA.
9. **Ricard, J. R.**, Castro-Ramirez, F., Pixley, H. S., Millner, A. J., Nock, M. K. (2018, November). *Trauma, psychopathology, and suicidal behaviors*. Poster presented at Annual Biomedical Research Conference for Minority Students, Indianapolis, IN.
10. **Ricard, J. R.**, Castro-Ramirez, F., Pixley, H. S., Millner, A. J., Nock, M. K. (2018, August). *Trauma, psychopathology, and suicidal behaviors*. Poster presented at Summer Undergraduate Research Village Poster Session, Harvard University, Cambridge, MA.
11. **Ricard, J. R.**, Castro-Ramirez, F., Pixley, H. S., Millner, A. J., Nock, M. K. (2018, July). *Trauma, psychopathology, and suicidal behaviors*. Poster presented at Leadership Alliance National Symposium, Hartford, CT.
12. **Ricard, J. R.**, Stephens, J., Haase, C. M. (2017, September). *Emotional behavior during conflict and marital satisfaction: A laboratory-based study of married couples*. Poster presented at NU Bioscientist Poster Presentation, Northwestern University, Evanston, IL.

RESEARCH EXPERIENCE

Ph.D. Candidate	2022 – present
Department of Psychology, Yale University	
Prof. <u>Arielle Baskin-Sommers</u> , Ph.D.	
Research Focus: <i>Community violence exposure, mental health, and public health interventions</i>	
Research Assistant	2018 – 2022
Department of Psychology, Harvard University	
Prof. <u>Matthew Nock</u> , Ph.D.	
Research Focus: <i>Intensive longitudinal study of suicidal behaviors and related health outcomes</i>	
Research Assistant	2017 – 2020
Department of Psychology, Northwestern University	
Prof. <u>Vijay A. Mittal</u> , Ph.D.	
Research Focus: <i>Identifying psychosis risk for improving prediction, prevention, and early intervention efforts</i>	
Research Assistant	2017 – 2020
School of Education and Social Policy, Northwestern University	
Assoc. Prof. <u>Claudia Haase</u> , Ph.D.	
Research Focus: <i>Role of interpersonal emotional dynamics in shaping development, relationship quality, and well-being</i>	
Research Assistant	2017 – 2020
School of Education and Social Policy, Northwestern University	
Prof. <u>Miriam Sherin</u> , Ph.D.	
Research Focus: <i>Using digital video to help teachers reason about classroom events</i>	

CLINICAL EXPERIENCE

Psychology Extern

2024 – present

Transitions Clinic Network and SEICHE Center for Health and Justice

Supervisor: Arielle Baskin-Sommers, Ph.D.

1. Delivered evidence-based therapy to individuals returning home from incarceration, addressing trauma, anxiety, depression, substance use, and grief through the Transitions Clinic Network
2. Collaborated with a multidisciplinary team including medical providers, community health workers, legal staff, and correctional agencies to support clients' care and reintegration after incarceration
3. Performed clinical evaluations (SCID-5) to assess psychopathology
4. Administered neuropsychological tests, including the Wide Range Achievement Test, D-KEFS Color-Word Interference Test, and Digit Span Backwards
5. Worked with a Community Advisory Board to create infographics and adapt safety plans tailored to recently incarcerated adults, addressing barriers like housing instability, limited phone access, and halfway house restrictions
6. Co-led a multi-day workshop for Department of Corrections staff, teaching evidence-based skills to help staff recognize and respond to inmates' mental health needs and strengthen interpersonal effectiveness.
7. Partnered with correctional officers at York and Garner Correctional Institutions on a prison reform initiative, helping design programs that promote evidence-based mental health care

Psychology Extern

2023 – 2025

Yale University Psychology Department Clinic

Supervisors: Mary O'Brien, Ph.D., and Faith Prelli, Psy.D.

1. Conducted individual therapy with adolescents and adults from the New Haven community under video supervision, using evidence-based approaches including CBT, CPT, ACT, DBT, mindfulness, and self-compassion techniques
2. Conducted clinical evaluations using the SCID-5 and collaborated with clients to create individualized safety plans
3. Performed suicide risk assessments and worked with clients to develop personalized safety plans
4. Presented biopsychosocial conceptualizations and treatment plans in clinical conferences and group supervision
5. Co-facilitated a Dialectical Behavior Therapy skills group for young adults from the New Haven community

TEACHING EXPERIENCE

Teaching Fellow

2025

PSYC 310: Psychology and Global Capitalism, Yale University

Instructor: Tariq Khan, Ph.D.

Teaching Fellow

2024

PSYC 141: The Criminal Mind, Yale University

Instructor: Arielle Baskin-Sommers, Ph.D.

Teaching Fellow

2024

PSYC 115: History of Psychology: Racism and Colonial Power, Yale University

Instructor: Tariq Khan, Ph.D.

Teaching Fellow

2023

PSYC 342: Psychology of Gender, Yale University

Instructor: Tariq Khan, Ph.D.

SERVICE & LEADERSHIP

Consultant, The Claremont Colleges 'Black in Behavioral Sciences' Organization

2025

Guided panel content on graduate preparation in clinical psychology

Peer Mentor, Yale University First-Year Clinical Psychology Mentorship Program

2024 – 2025

Supported incoming graduate student on housing, academics, and program navigation

Current Works Student Coordinator, Yale University	2023 – 2024
Coordinated an area-wide speaker series of internal and external clinical psychology researchers	
Graduate Application Mentor, Sneak Peek Program, Yale University	2023 – present
Guided underrepresented students through psychology PhD application process	
Interview Day Student Coordinator, Yale University	2022
Organized Department of Psychology's graduate interview weekend for prospective graduate applicants	
Graduate Mentor, Next-Gen Psych Scholars	2022 – 2025
Guided underrepresented mentees on applying to psychology PhD programs	
Office of Undergraduate Research Panelist, Northwestern University	2022
Shared insights on the graduate school application process	
Mentor, Summer Research Opportunities at Harvard University (SROH)	2021
Advised underrepresented undergraduate researcher on independent research project	
Bio&ChemEXCEL Head Teaching Fellow, Northwestern University	2020
Led instruction and mentoring for underrepresented STEM students	
Undergraduate Psychology Association Research Coordinator, Northwestern University	2019
Expanded research access and representation via academic initiatives	
AVID Panelist, Evanston Township High School	2019
Shared insights on the college application process with AVID students	
AVID Intern, Evanston Township High School	2019
Supported underrepresented college-bound students in a preparatory program	
Social Science Representative of the Research Advisory Council, Northwestern University	2018 – 2020
Advocated for initiatives with university leadership to increase representation in social sciences research	
Arch Scholars Peer Mentor, Northwestern University	2018 – 2020
Mentored first-year students on academic and campus life through weekly meetings and support	
Office of Undergraduate Research Peer Research Mentor, Northwestern University	2018 – 2019
Guided students in navigating research opportunities, developing proposals, and applying for funding	
NU Bioscientist Peer Mentor, Northwestern University	2017 – 2018
Mentored first-year students in navigating research opportunities in STEM fields	
Mentor, Supplies for Dreams	2017 – 2020
Mentored youth in Chicago's Pilsen neighborhood, fostering learning, confidence, and agency	
Project SOAR Mentor, McGaw YMCA	2017 – 2018
Provided Evanston youth, supporting positive relationships, personal growth, and academic support	

PROFESSIONAL MEMBERSHIPS

Association for Psychological Science (APS)

TECHNICAL SKILLS

R, MPlus, REDCap, Biolab, EPrime, SPSS, Facial Action Coding System (FACS; certified), SPAFF, Oedipus, iMotions, EMFACS, JASP, Emotional Expressive Behavior (EEB), JMP, Qualtrics