

ALLISON STUPPY-SULLIVAN**allison.stuppy@yale.edu**

B14 Kirtland Hall

2 Hillhouse Ave.

New Haven, CT 06511

EDUCATION:

- 2015 – present **Yale University**, New Haven, CT
Doctor of Philosophy Candidate, Clinical Psychology
- 2014 – 2015 **The University of Maryland**, College Park, MD
Advanced Graduate Work
Courses: Independent Study: Functional Analysis, Instructor: Carl Lejuez, Ph.D.
Research Methods in Clinical Psychology, Instructor: Lea Dougherty, Ph.D.
- 2007 – 2011 **Stanford University**, Palo Alto, CA
Bachelor of Arts, Psychology, Neuroscience Track, with Honors
Minor in Creative Writing

AWARDS AND SUPPORT:

- 2016 - 2017 **Charles Deere Wiman Memorial Fellowship**, Yale University
- 2013 **Certificate of Recognition**
Defense Centers of Excellence for Psychological Health & Traumatic Brain Injury
Department of Defense
- 2012 **Joint Meritorious Unit Award**
Defense Centers of Excellence for Psychological Health and Traumatic Brain Injury
Department of Defense

PUBLICATIONS:*Peer-Reviewed Articles*

1. Brennan, G. M.†, **Stuppy-Sullivan, A. M.†**, Brazil, I. A., & Baskin-Sommers, A. R. (2017). Differentiating patterns of substance misuse by subtypes of antisocial traits in male offenders. *The Journal of Forensic Psychiatry & Psychology*, 1-16. †These authors contributed equally to this work.
2. Baskin-Sommers, A.R., **Stuppy-Sullivan, A.M.**, Buckholtz, J.B. (2016). Psychopathic Individuals Exhibit, But Don't Avoid Regret During Counterfactual Decision-Making. *Proceedings of the National Academy of Sciences*.
3. **Stuppy-Sullivan, A. M.**, Tormohlen, K. N., & Yi, R. (2016). Exchanging the liquidity hypothesis: Delay discounting of money and self-relevant non-money rewards. *Behavioural processes*, 122, 16-20.
4. Yi, R., Pickover, A., **Stuppy-Sullivan, A. M.**, Baker, S., & Landes, R. D. (2016). Impact of episodic thinking on altruism. *Journal of Experimental Social Psychology*, 65, 74-81.

Book Chapters

1. Estrada, S., Tillem, S., **Stuppy-Sullivan, A.** & Baskin-Sommers, A. (in press). Specifying the connection between reward processing and antisocial behavior across development: Review, integration and future directions. In J. Gruber (Ed.), *Oxford Handbook of Positive Emotion and Psychopathology*. Oxford University Press: New York, NY.

PRESENTATIONS:*Conference Talks:*

1. **Stuppy-Sullivan, A.M.**, & Baskin-Sommers, A. R. (2017). Reward processing biases across stages of information processing among externalizing prisoners. Talk accepted for presentation at the Society for the Scientific Study of Psychopathy biennial conference. Antwerp, Belgium.
2. **Stuppy, A.**, Tormohlen, K., & Yi, R. Delay discounting for money and personalized non-money rewards. Symposium presentation at the Association for Behavior Analysis International annual convention, San Antonio, TX, May 2015.

Poster Presentations:

1. **Stuppy, A.**, Yi, R., Gross, J., & McClure, S. *Specific Emotion Regulation Strategies and Temporal Discounting*. Poster presented at the 26th APS Annual Convention, Association for Psychological Science, San Francisco, CA, May 2014.
2. **Stuppy, A.**, Risco, C., & Yi, R. *CLT and Academics: Abstract Construal Increases Academic Delay of Gratification*. Poster presented at the 26th APS Annual Convention, Association for Psychological Science, San Francisco, CA, May 2014.
3. Biggs, Q. M., Fullerton, C. S., Cox, D., McCarroll, J. E., Kansky, J., **Stuppy, A.**, & Ursano, R. J. *Troop Educational for Army Morale (TEAM): A post deployment educational program for Mortuary Affairs Soldiers; results from the first two years*. Research Days, USUHS, Bethesda, MD, May 2012.
4. Cox, D., Fullerton, C. S., Biggs, Q. M., McCarroll, J. E., **Stuppy, A.**, Kansky, J., & Ursano, R. J. *Troop Educational for Army Morale (TEAM): A post deployment educational program for Mortuary Affairs Soldiers; results from the first two years*. 7th Annual Conference on Amygdala, Stress and PTSD: Recovery From Stress, USUHS, Bethesda, MD, April 2012.
5. Biggs, Q. M., Fullerton, C. S., Cox, D., McCarroll, J. E., Kansky, J., **Stuppy, A.**, & Ursano, R. J. *The impact of TEAM: An innovative post deployment intervention for traumatic stress in U.S. Army Mortuary Affairs Soldiers*. International Society for Traumatic Stress Studies Annual Meeting, Los Angeles, CA, November 2012.
6. Cox, D. W., Fullerton, C. S., Biggs, Q. M., McCarroll, J. E., Kansky, J., **Stuppy, A.**, & Ursano, R. J. *Adapting and Applying Empirically-Based Principles for Acute Stress Responses to the Chronic Stress Responses of Mortuary Affairs Soldiers*. Poster presented at the annual meeting of the Association of Behavioral and Cognitive Therapies, National Harbor, MD, November 2012.
7. Fullerton, C.S., Benedek, D. M., Zatzick, D., McCarroll, J.E., Biggs, Q. M., Liu, X., Kansky, J., **Stuppy, A.**, & Ursano, R. J. *Mortuary Affairs Soldiers: Early intervention and altering barriers to care for traumatic stress and PTSD*. Military Operational Medicine Research Program (MOMRP),

Stigma/Overcoming Barriers to Care and Access Solutions, Fort Detrick, MD, September 2012.

8. **Stuppy, A.** *How To Hold Your Horses: Specific Emotion Regulation Strategies and Intertemporal Choice*. Presentation at The Stanford Joint Honors and Coterm Master's Thesis Presentations, Stanford University, Stanford, CA, June 2011.

RESEARCH EXPERIENCE:

2015 – present

Research Assistant

Mechanisms of Disinhibition Lab (MoDLab)

Department of Psychology

Yale University, New Haven, CT

Principal Investigator/Supervisor: Arielle Baskin-Sommers, Ph.D.

Exploring mechanisms that contribute to disinhibition (Prison/Community)

These studies aim to identify and specify cognitive-affective mechanisms that contribute to disinhibitory psychopathology (e.g., psychopathy, externalizing [antisocial personality disorder, impulsivity, low constraint]).

- Administered questionnaires and behavioral tasks to examine the impact of attention, executive functions, and emotion on disinhibited, risky behavior and decision-making.
- Reviewed medical history to determine initial study eligibility.

2013 – 2015

Project Coordinator and Faculty Research Assistant

Center for Addictions, Personality, and Emotion Research (CAPER)

Department of Psychology

University of Maryland, College Park

Principal Investigator/Supervisor: Richard Yi, Ph.D.

2014 – 2015

Smoking Cessation with Behavioral Activation and Contingency Management in an underserved population (UMD Dean's Research Initiative)

A pilot study testing the efficacy of Behavioral Activation as a smoking cessation intervention for a low-income urban population. The contingency management component, directed toward adherence to BA materials post-treatment, utilized cellular phone technology.

- Conducted site visits and recruitment pitches.
- Screened participants.
- Prepared intervention and assessment materials.
- Administered assessments and nicotine patches.
- Created a guide introducing participants to principles of contingency management and related study procedures.
- Maintained longitudinal datasets for assessments pre-, during, and post-treatment.

Remediation of Elevated Delay Discounting in Mid-Life Individuals (NIH/NIA R01 AG048904)

A small-scale randomized controlled trial using a computerized executive function training intervention to experimentally examine changes in Executive Functioning and Delay Discounting in a sample of mid-life individuals with increased risk for poor consequences due to early-life disadvantage.

- Conducted site visits and recruitment pitches.
- Administered assessments.
- Ran preliminary data analyses to establish the study population.
- Analyzed pilot data to examine social psychological correlates of substance use and mental health symptom severity.

2013 – 2015

Monetary Intertemporal Choice Tasks as Non-Fungible, Non-Monetary Intertemporal Choice Tasks

A laboratory study exploring decreased delay discounting for monetary vs. analogous consumable rewards.

- Developed study protocols and materials.
- Trained and supervised undergraduate research assistants in administering the study protocol, and entering and scoring quantitative and qualitative data.
- Managed data and performed analyses, including ANOVA and tests of equivalence and difference based on Inferential Confidence Intervals.
- Submitted findings and presented at a conference symposium.

Future/Other Orienting and Intertemporal/Interpersonal Decision Making

A series of laboratory studies exploring Construal Level Theory, which states that concrete, low-level mental representations are associated with a preference for what is psychologically near: temporally (the present vs. the future) and socially (the self vs. others).

- Developed study protocols and materials.
- Trained and supervised undergraduate research assistants in administering study protocols, and entering and scoring quantitative and qualitative data.
- Managed data and performed analyses.
- Prepared manuscripts for publication in peer-reviewed journals.

Value and Pursuit of Academic Goals Study

A series of laboratory and online studies applying Construal Level Theory, which states abstract mental representations are associated with a preference for what is psychologically distal, to academic delay of gratification.

- Developed study protocols and materials.
- Trained and supervised undergraduate research assistants in administering study protocols, and entering and scoring quantitative and qualitative data.
- Managed data and performed analyses.
- Presented findings at an academic conference.

Emotion-Regulation and Delay Discounting Study

An online experimental study examining effects of valence- and direction-specific emotion regulation instructions on delay discounting.

- Collected data online using Amazon Mechanical Turk
- Created Excel Pivot Tables to automate discount rate calculations for hundreds of participants.
- Managed data and performed analyses.

Construal, Decision Making, and Neuroimaging (University-funded)

A behavioral pilot designed to explore the relationship between construal level and temporal discounting and their associated neurocorrelates.

- Adapted measure trials to fit requirements for scans.

- Trained and supervised undergraduate research assistants in administering the study protocol, and entering and scoring quantitative and qualitative data.
- Managed data and performed analyses.

2013 – 2014

Supervised Reviewer

Supervisor: Richard Yi, Ph.D.

- *Behavioral Processes*
- *PLOS ONE Decision*
- *Journal for the Experimental Analysis of Behavior*

2011 – 2013

Research Assistant

Center for the Study of Traumatic Stress (CSTS)

Department of Psychiatry

Uniformed Services University of the Health Sciences

Principal Investigators/Supervisors: Carol Fullerton, Ph.D., James McCarroll, Ph.D., & Quinn Biggs, Ph.D.

Troop Education for Army Morale: A post deployment educational program for Mortuary Affairs Soldiers

- Implemented and evaluated a longitudinal randomized control trial for a post-deployment intervention based on Psychological First Aid, Skills for Psychological Recovery, and Cognitive Behavioral Therapy.
- Coordinated and participated in on-base site visits with Mortuary Affairs soldiers in the United States Army.
- Managed quantitative and qualitative data sets.
- Served as a liaison between principal investigators, postdoctoral research fellows, and statisticians to conduct, organize, and analyze longitudinal data.
- Prepared and presented literature reviews, tables, figures, and other documents of progress for principal investigators.
- Created an archive of analyses run, notable findings, and SPSS output to facilitate manuscript writing and evaluate data analysis progress.
- Contributed to posters and presentations.

Other projects

- Conducted and synthesized literature searches involving trauma, comorbidity with mental health disorders, screening, and suicide ideation to create factsheets for primary care physicians and military families.
- Communicated with the University Institutional Review Board to prepare review documents for a study involving Family Violence and Trauma in the Army.
- Transcribed and organized interviews of over 34 military and civilian personnel aimed to inform disaster behavioral health.

2010 – 2011

Senior Honors Student

Decision Neuroscience Lab

Stanford University

Faculty Mentor: Samuel McClure, Ph.D. Consulting Mentor: James Gross, Ph.D.

- Conducted an independent research study of emotion regulation and decision-making.
- Examined associations between expressive suppression, cognitive reappraisal, and delay discounting.

- Developed a valence- and direction-specific emotion regulation questionnaire that revealed important and significant individual differences.
- Developed a battery of emotion regulation questionnaires and impulsivity scales.
- Ran an online study using Amazon Mechanical Turk.
- Presented data at weekly lab meetings.
- Prepared a written thesis and oral presentation for June 2011.
- Presented findings at an academic conference.

2009 – 2010

Undergraduate Research Assistant

Symbiotic Project on Affective Neuroscience Lab (SPAN Lab)

Stanford University

Principal Investigator: Brian Knutson, Ph.D.

Supervisor: Kacey Ballard, Ph.D.

Several behavioral pilot studies for fMRI projects involving reward processing, learning, and decision making.

- Scheduled and ran undergraduate participants.
- Entered data.
- Conducted literature reviews.
- Troubleshoot and edited ePrime scripts.

2009

Undergraduate Research Assistant,

Lifespan Development Lab/Decision Neuroscience Lab

Stanford University

Principal Investigators: Laura Carstensen, Ph.D. & Samuel McClure, Ph.D.

Supervisor: Gregory Samanez-Larkin, Ph.D.

Exploration-Exploitation and Age*Behavioral and fMRI studies of reinforcement learning across the adult lifespan.*

- Recruited older and younger adult participants from the community.
- Scheduled, greeted, and prepared participants for computer tasks and fMRI scans.
- Preprocessed fMRI data in AFNI.
- Created and managed a participant database in FileMaker.
- Conducted literature reviews on aging and neurochemistry.

CLINICAL EXPERIENCE:

2016 – present

Yale Psychology Department Clinic

Yale University

New Haven, CT

Supervisors: Mary O'Brien, Ph.D. & Christine DeMaio, Ph.D.

- Completed intake interviews for incoming individual and group clients.
- Prepared and conducted weekly sessions of individual therapy, incorporating skills from Cognitive Behavioral Therapy, Dialectical Behavior Therapy, and Acceptance and Commitment Therapy.
- Prepared and conducted weekly sessions of group Cognitive Behavioral Therapy.
- Prepared and conducted weekly sessions of group Dialectical Behavioral Therapy.

2016 – present

Diagnostic Interviewer: Mechanisms of Disinhibition Lab (MoDLab)

Yale University, New Haven, CT
 Supervisor: Arielle Baskin-Sommers, Ph.D.

- Conducted clinical interviews to characterize incarcerated individuals based on disinhibited behaviors and traits.
- Assessments included a life history interview to score the Psychopathy Checklist-Revised (PCL-R), the Addiction Severity Index - Extended, various sections of the Structured Clinical Interview for DSM-5 (SCID-5), Stroop, Trails A & B, Shipley IQ, The Wide Range Achievement Test (WRAT) Reading Subtest.

2014 – 2015

Diagnostic Interviewer: Center for Addictions, Personality, and Emotion Research (CAPER)

University of Maryland, College Park & Salvation Army Harbor Light Substance Abuse Treatment Center, Washington, DC

Supervisors: Carl Lejuez, Ph.D. & Derek Iwamoto, Ph.D.

- Conducted clinical interviews using the Structured Clinical Interview for DSM-IV Disorders (SCID) to assess Axis I and II psychopathology among clients at an inner-city residential substance abuse treatment center.
- Composed clinical treatment notes describing interview findings and stating recommendations for treatment counselors.
- Participated in weekly clinical supervision meetings and attended lectures on multicultural considerations.

MENTORSHIP AND TEACHING EXPERIENCE:

2017

Teaching Fellow for Abnormal Psychology, Spring 2017

Department of Psychology

Yale University, New Haven, CT

Instructor: Dr. Jutta Joormann, PhD

- Met with students individually to discuss course content.
- Conducted midterm and final review sessions.
- Developed exam content.
- Graded exams and assignments.

2016

Teaching Fellow for Research Methods in Clinical Psychology, Fall 2016

Department of Psychology

Yale University, New Haven, CT

Instructor: Dr. Arielle Baskin-Sommers, PhD

- Met with students individually to discuss research critique and research proposal assignments.
- Graded assignments.
- Conducted midterm and final review sessions.

2014 – 2015

Research Mentor

The First Year Innovation and Research Experience (FIRE) Program

Center for Addictions, Personality, and Emotion Research (CAPER)

University of Maryland, College Park

- Developed infrastructure to manage over 40 first year students.
- Developed curriculum and lab activities for one of three core research areas: the basic science research area, which emphasized psychological processes underlying the development, maintenance, and treatment of addiction.

- Created recruitment materials for the first cohort of students.
- Lead basic research rotation in weekly seminars.

2014 – 2015

BodyPump™ Fitness Instructor

Campus Recreation Services

University of Maryland, College Park

- Lead and coached weekly 70-minute weight-based group fitness classes for students and other members of the university community.
- Emphasized technique and safety while motivating class members.

2014 – 2015

Supervisor for Psyc 469H: Honors Thesis Proposal Preparation

Research Supervisor for two undergraduate students completing Senior Projects,

Department of Psychology

University of Maryland, College Park

- Guided literature reviews and study design.
- Edited Institutional Review Board submission materials.

2013 – 2015

Supervisor for Psyc 479: Special Research in Psychology and Volunteer Undergraduate Research Assistants

Department of Psychology

University of Maryland, College Park

Research Supervisor for over 30 undergraduate students receiving course credit and volunteering.

- Met weekly with individual students.
- Trained students in protocol implementation, data entry and scoring, lab culture, and best practices.
- Assessed student performance based on active attendance and professionalism in the lab and a final paper.

2013 – 2015

Lab Liaison for The Gemstone Honors Program

Honors College

The University of Maryland, College Park

- Supervised two multidisciplinary undergraduate research teams.
- Trained undergraduates in laboratory procedures, including participant payment, Institutional Review Board Submissions, and online screening and data collection using Amazon Mechanical Turk.
- Served as a discussant for the 2014 Gemstone Senior Team Thesis Conference, providing presentation feedback and written comments regarding the team thesis.

PROFESSIONAL MEMBERSHIPS:**Association for Psychological Science (APS)****Association for Behavioral and Cognitive Therapies (ABCT)****ABCT Special Interest Group: Addictive Behaviors**